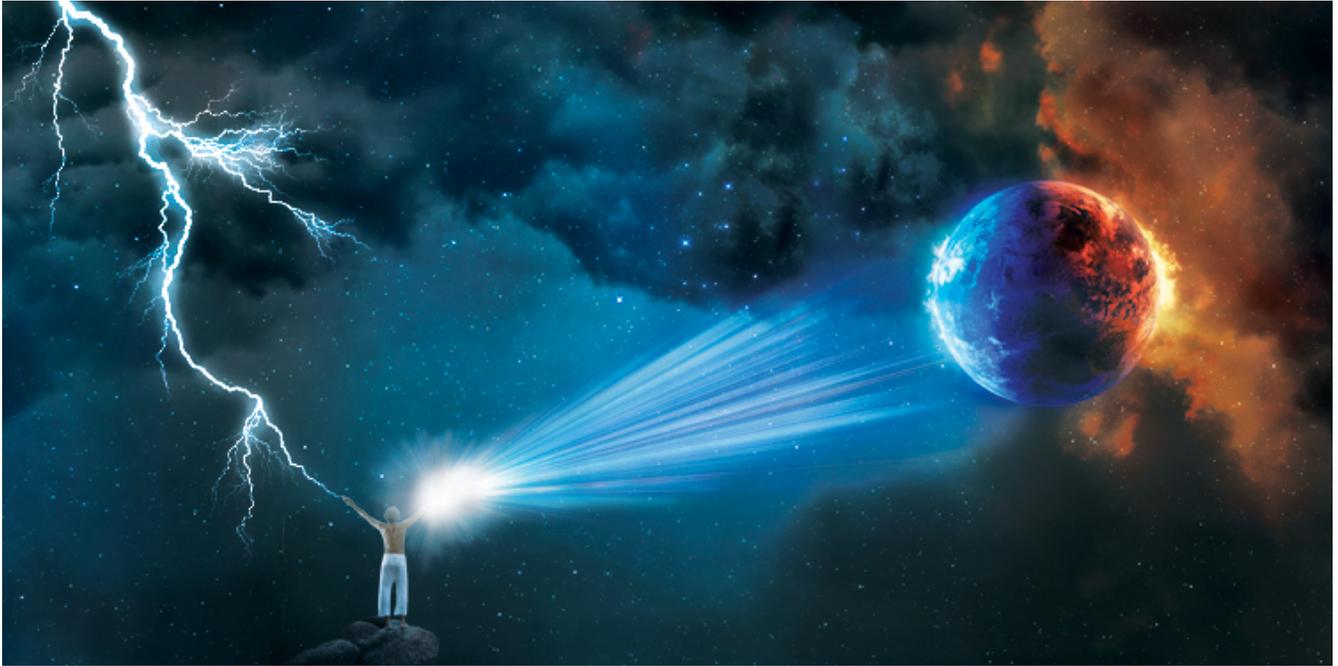


Image © 2010 John Drury



## Share Your Light

We live in a chaotic world.

Turn on your television or radio, read the front page of the newspaper, browse through some online news web sites, and you'll know this to be true.

The way to change it, to quell the chaos, is to connect to the divine in ourselves, then share it with others.

More than we will ever know or appreciate, we have direct access to a higher power. That power is God - the Light. It flows through all of us, connects to our souls. But our task is not simply recognition; we must also connect to that divine energy, and spread it to the people and world around us.

We must share our love, our gifts and our Light with no strings attached.

In a world as chaotic as this one, it can be difficult to give without wanting something in return.

According to Kabbalistic teaching, the origin of all negativity is the 'desire to receive for the self alone'. Anything negative that happens in this world, whether to an individual or to humanity as a whole, is a manifestation of self-centered desire.

We don't always maintain the right consciousness when we share. Sometimes we give for validation, to get special treatment, because of peer pressure, to get love or approval, or to for piece of mind.

But true sharing is fundamentally challenging. It requires effort. It is not attached to selfish rewards. When you give selflessly, you will feel fulfilled.

The way we can change individually, and change the world we live in, is through true sharing.

The world needs your Light. Share it.